**Communication patient template**

According to this QI project, you may need to discuss a referral to pulmonary rehabilitation with your patient.

Simply use this template and adapt it for your patients.

**QI Project**

Dear [*Name]*,

Here at >insert practice name< we are always striving to make improvements in the care that we offer our patients. Recently we have undertaken a review of some of our COPD patient records, and it has come to our attention that you might be eligible for a programme called Pulmonary Rehabilitation.

Pulmonary Rehabilitation consists of exercise and education classes held twice a week over eight weeks. The programme is designed to help you:

* cope with your breathlessness
* feel stronger and fitter by strengthening your muscles and improving the way you breathe
* understand your condition better

Pulmonary rehabilitation helps you feel more confident to exercise, and gradually increases your fitness level. Over time, you should become less breathless when completing daily activities, such as walking, going up stairs, shopping and getting dressed. You should also feel less tired. You should be able to manage your breathlessness better and have more control over how you are feeling.

I have arranged the following appointment for you to be assessed for this programme.

>insert appointment details<

With Kind Regards,

*[Your name]*